

# March

## Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 March</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> 10am–1:30pm	<b>4 March</b> BEST Club: 10:30am–1:30pm	<b>5 March</b> Come Sew with Me: 10am–12:30pm <b>Art Tasters</b> 1:30–3:30pm	<b>6 March</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> 1:30–3:30pm Moments in Time, info session: 1–1:30pm	<b>7 March</b> Treasure Hunters: 9:40am–3:30pm
<b>10 March</b> Canberra Day, public holiday, no groups running	<b>11 March</b> BEST Club: 10:30am–1:30pm <b>Hunting and Exploring:</b> 9:30am–3:30pm	<b>12 March</b> Come Sew with Me: 10am–12:30pm <b>Art Tasters</b> 1:30–3:30pm	<b>13 March</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> 1:30–3:30pm	<b>14 March</b> Treasure Hunters: 9:40am–3:30pm
<b>17 March</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> 10am–1:30pm	<b>18 March</b> BEST Club: 10:30am–1:30pm	<b>19 March</b> Come Sew with Me: 10am–12:30pm <b>Art Tasters</b> 1:30–3:30pm	<b>20 March</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> 1:30–3:30pm	<b>21 March</b> Treasure Hunters: 9:40am–3:30pm
<b>24 March</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> 10am–1:30pm	<b>25 March</b> BEST Club: 10:30am–1:30pm <b>Out and About:</b> 10am–3:30pm	<b>26 March</b> Come Sew with Me: 10am–12:30pm <b>Art Tasters</b> 1:30–3:30pm	<b>27 March</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> 1:30–3:30pm	<b>28 March</b> Treasure Hunters: 9:40am–3:30pm
<b>31 March</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> 10am–1:30pm				

	Tuesday	Wednesday	Thursday	Friday
	<b>1 April</b> BEST Club: 10:30am–1:30pm	<b>2 April</b> Come Sew with Me: 10am– 12:30pm <b>Art Tasters</b> <b>1:30–3:30pm</b>	<b>3 April</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> <b>1:30–3:30pm</b> Moments in Time, creative session: 1–3pm	<b>4 April</b> Treasure Hunters: 9:40am–3:30pm
<b>Monday</b>				
<b>7 April</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> <b>10am–1:30pm</b>	<b>8 April</b> BEST Club: 10:30am–1:30pm <b>Hunting and Exploring:</b> <b>9:30am–3:30pm</b>	<b>9 April</b> Come Sew with Me: 10am– 12:30pm <b>Art Tasters</b> <b>1:30–3:30pm</b>	<b>10 April</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> <b>1:30–3:30pm</b> Moments in Time, creative session: 1–3pm	<b>11 April</b> Treasure Hunters: 9:40am–3:30pm
<b>14 April</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> <b>10am–1:30pm</b>	<b>15 April</b> BEST Club: 10:30am–1:30pm <b>Moments in Time, creative session:</b> <b>11am–12pm</b>	<b>16 April</b> Come Sew with Me: 10am– 12:30pm <b>Art Tasters</b> <b>1:30–3:30pm</b>	<b>17 April</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> <b>1:30–3:30pm</b>	<b>18 April</b> Treasure Hunters: 9:40am–3:30pm
<b>21 April</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> <b>10am–1:30pm</b>	<b>22 April</b> BEST Club: 10:30am–1:30pm <b>Out and About:</b> <b>10am–3:30pm</b>	<b>23 April</b> Come Sew with Me: 10am– 12:30pm <b>Art Tasters</b> <b>1:30–3:30pm</b>	<b>24 April</b> Drumming: 10am–12pm <b>Yarn and Stitching:</b> <b>1:30–3:30pm</b>	<b>25 April</b> Treasure Hunters: 9:40am–3:30pm
<b>28 April</b> Crafts Galore and Lunch: 10am–2pm <b>Walkie Talkie</b> <b>10am–1:30pm</b>	<b>29 April</b> BEST Club: 10:30am–1:30pm	<b>30 April</b> Come Sew with Me: 10am– 12:30pm <b>Art Tasters</b> <b>1:30–3:30pm</b>		

# New Groups, New Friends

## Have You Heard the News?

We're excited to announce that Communities at Work seniors' social groups have transitioned to CRCS and are now part of the Involve program. This integration offers even more engaging activities to connect our community through fun and friendship.

## Welcome to CRCS!

To our new participants: we can't wait to see you at upcoming Involve activities. Over the next few months, you'll meet new friends, explore CRCS facilities, and enjoy a fantastic lineup of events and activities planned for March and April 2025.

## Share Your Ideas

We value your feedback and suggestions for future activities. Reach out to the Involve team on (02) 6264 0200 or email [involve@crs.com.au](mailto:involve@crs.com.au).

# Join a New Activity

Sessions cost \$16 each or \$20 for two sessions when you attend two groups that run on the same day.

	<b>Fun and Games</b> Enjoy outings, adventures, and classic board games.	<b>Woodwork Group</b> From beginner to expert, share skills and create timber projects.	<b>Men's Business</b> Socialise with lunch, games, and group activities.	<b>Healthy Living</b> Stay active with chair yoga, exercises, and shared meals.	<b>Spice of Life</b> Laughter-filled games and social activities to keep things lively!
<b>Mon</b>	Holder 10am-2pm	Ngunnawal 1-3pm	Ngunnawal 11:30am-3:30pm		
<b>Tue</b>	Ngunnawal 1:30-3:30pm			Ngunnawal 9:30am-1:30pm	
<b>Wed</b>					Ngunnawal 10am-2pm
<b>Thu</b>				Holder 10am-2pm	
<b>Fri</b>					Holder 10am-2pm